



Art Society of Strathcona County

Cheryl Peddie Interior and Still Life Workshop

Art supplies – For oils and Acrylics

1) PHOTO REFERENCES - to draw and paint from. Choose photos in which the light and shadows are readily visible, and that have a relatively simple composition. Please bring a selection to work from – we'll be doing a variety of exercises at the beginning of the workshop.

2) PAINTS - FOR OILS OR ACRYLICS: Please ensure you have a cool and warm of each of the three primaries, plus white, in your palette. Some of the names may differ; if you have questions, please ask for help at any of the art supply stores.

- Reds: Alizarin Crimson & Cadmium Red Light (Acrylic Students: Most of my students find 'Golden' brand's Alizarin Crimson to be too brown; please purchase another brand's version: eg, Liquitex, Windsor & Newton, or Grahams. Also for acrylic students only, please include Quinacridone Magenta in your palette – it helps when mixing purples).

- Yellow: Cadmium Yellow (Regular or Medium) & Lemon Yellow (Or any cool yellow, eg Hansa, Cad Yellow Light) & Yellow Ochre

- Blues: Ultramarine Blue & Manganese Blue

- White: Titanium white (if you're working in oil, try to get Graham's brand in the 'Alkyd' formula. It dries quicker)

- Black: (Ivory Black is preferred; some others are so powerfully pigmented, it's hard to lighten them.)

- Brown: Can be any type you're use to, eg, Transparent Red Oxide, Burnt Sienna, Asphaltum, Darker Umbers

Extras (NOT necessities... just 'nice to haves')

- Cobalt Blue: A more neutral 'greyed' blue (If painting mountains, this becomes a 'Necessary')

- Green: A darker, 'leafy' green is a nice addition eg) Sap Green

- Quinacridone Rose (If you're doing any kind of florals, this becomes a 'must') - If you don't have this, any kind of pink will work

*If you don't have or can't find any of these particular colours, don't worry!

Just bring what you have!

3) Painting medium – For oils, please use Graham's Walnut Oil (with Alkyd – it dries faster than the regular formulation); FOR ACRYLICS, you can use any type of medium or extender – either helps the paint dry slower, enabling easier blending.



Art Society of Strathcona County

4) BRUSHES - Please bring at least 4 to 6 in small to large sizes. #2, #4, #6, #8s. FOR OILS, natural or synthetic bristles are fine; FOR ACRYLICS, synthetic bristle brushes work best.

5) PALETTE & Palette paper – For oils: Masterson Palette and Disposable Palette Pad (in grey if available; alternately, white is ok too). For acrylics: Masterson Palette with 'Stay Wet' Palette Paper and optional Palette sponge underneath.

Alternately, you can use a glass palette inside a Masterson Palette for either acrylics or oils. * If using a glass palette, be sure you bring a palette scraper so you can regularly clean off your palette. If purchasing a glass palette, please note that the art supply stores carry them with prepared edges that are not sharp. If you are having one cut elsewhere, please ensure they can prepare the edges accordingly so you do not cut yourself!!

6) Painting surface: CANVAS, canvas board, canvas paper, MDF, Birch etc - FOR OILS AND ACRYLICS: Please bring at least one 12"x16" canvas board (or canvas paper) for exercises. You will be taping off your board into sections for the exercises, so please bring some narrow masking tape. Alternately, you can bring a selection of smaller boards for them. On the second day, you will need one medium sized canvas for your final painting – common sizes students have used range from 9"x12", for slower painters, up to 12"x16" for speedier painters.

7) PAPER TOWEL or SHOP TOWELS & GARBAGE BAG – For cleaning/drying brushes while you paint.

8) Sketch book, pencils, erasers – Pencils: 4H, 2H, HB, 2B, 6B. This is the most commonly forgotten tool in my students' kits, but the most necessary to learn to paint. We will be drawing a good part of the first workshop day – make sure you have a selection of lead weights, as indicated. Please bring both a white eraser, and grey, kneaded eraser.

9) Odourless mineral spirits – For oil painters only – Only Gamblin's 'Gamsol' 100% mineral spirits is allowed in class.

10) Palette cups – For oil painters only - Get a metal one with two cups attached – one side holds your Mineral Spirits, one side holds your medium.

11) Spray Bottle & Water Reservoir – For Acrylic Painters Only – A small spray bottle can be used to spray water on your palette, and keep your paints wet and workable longer. Please bring a water reservoir or two for your clean and/or dirty paint water.

12) Palette Knife

BAG LUNCH