



ART SOCIETY OF STRATHCONA COUNTY

Acrylic Pouring Workshop - Beginner - Supply List Instructors – Norma Callicott - have questions? Email normacallicott59@gmail.com

Acrylic paints, such as Liquitex Basics or Amsterdam. The 250ml tube is good, or larger sizes if you have it. Golden Fluid acrylics and Golden High Flow acrylics are not suitable. We will be mixing 25ml at a time. Cheap craft paint will not work. Make sure you have lots of white, a dark, and a variety of your favorite colors.

Fluotrol, a paint conditioner available at Dulux paint. As this is a popular pouring medium you may have to call a few Dulux paint stores to source.

Treadmill silicone, available in the sporting goods department of Canadian Tire. Sold in a 3 pack, you can split with other people if you like.

You will also need:

- because this can get messy, we are going to do our pours on aluminum baking sheets like you get at the dollar store, with metal cookie racks, so bring about 4 of each.
- shallow Rubbermaid type bins – to transport your work home (art will sit on the metal racks then can be placed in the bin). Make sure you have enough bins for how many canvases you want to do.
- disposable plastic gloves, suggest about 4 pairs
- 20 - 10oz (300ml) Clear plastic cups for mixing paint
- green painters tape
- plastic push pins
- package of long wooden stir sticks
- 25ml measure that you will only use for paint
- small garbage can with bag to sit beside you
- **several small canvases, 4x6, 5x7, 6x8, 8x8**, regular or gallery wrapped. Keep sizes small to conserve paint and space. I do not recommend canvas boards as they can warp. Masonite boards work as long as they are gessoed. Dollarama has cheap small canvas.
- if you are using boards to pour on you need them to sit on something to raise them up, you can use the plastic shotglasses from Dollarama
- sink strainer (see pic) (Peavey Mart also had good sink strainers with different shaped holes, that is what you are looking for, not one with all round holes)
- small jars to store mixed paint in (Dollarama) (optional)
- roll of paper towel
- small blowtorch or heatgun (optional)
- sink strainer with different shaped holes
- **BAG LUNCH**

